

FOCUS RING

Objective Use the Focus Ring to carry a ball from one point to another point and then place the ball onto the pedestal



TONY

Rules

- 1 Each participant must hold at least two strings.
- 2 Participants must hold onto the end of the string and no other place.
- 3 Participants may not tie the string around their fingers or hands.
- 4 If the ball falls off the steel ring the group must start again.
- 5 If the pedestal falls over the group must start again.
- 6 The group is successful when the ball is balanced on the pedestal and the ring is resting on the ground with no one holding onto a string.

FOCUS RING RULES

1. Each participant must hold **the strings as directed by the facilitator.**
2. Participants must hold onto the **end of the string** and no other place.
3. Participants **may not tie** the string around their fingers or hands.
4. If the **ball falls off** the steel ring the group must start again.
5. If the **pedestal falls over** the group must start again.
6. The **group is successful** when the ball is balanced on the pedestal and the ring is resting on the ground with no one holding onto a string.



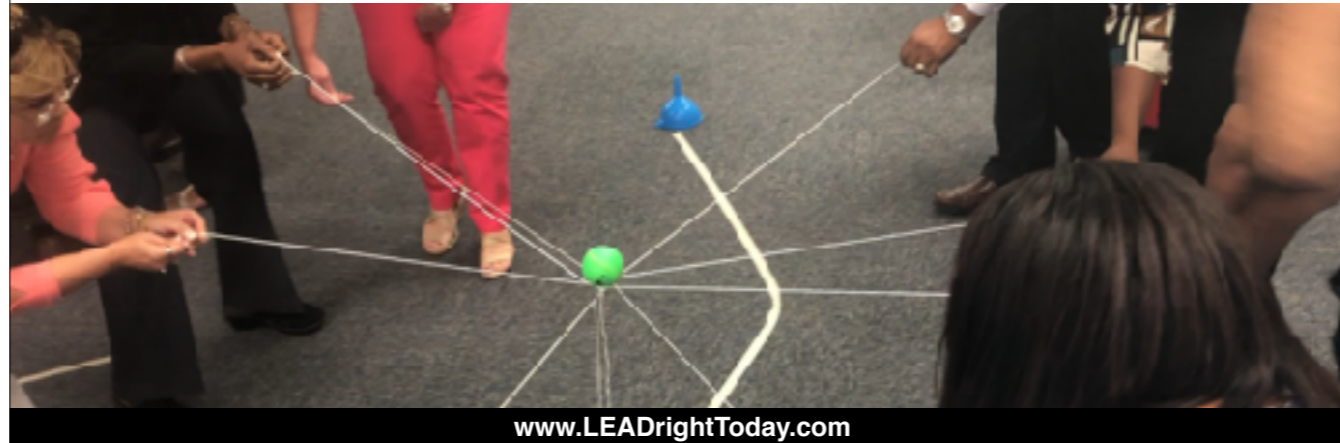
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FOCUS RING DEBRIEF

What is the **point** of the experience?

What are **implications** for your work with your district?

What are **implications** for your work with your community?



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When a group works together to complete a task, the impact each person has can be profound. In this activity, the ball can be caused to drop if even one person doesn't do their job well. This fact may prove useful to the group during the debrief (processing of the activity).

I often ask a group to identify their most important goal and then ask them to identify the biggest obstacles to reaching this goal. To debrief I'll ask the group to describe how they handled each of the physical obstacles and how they may be able to use similar skills to handle the obstacles which are real to them in achieving their goal.